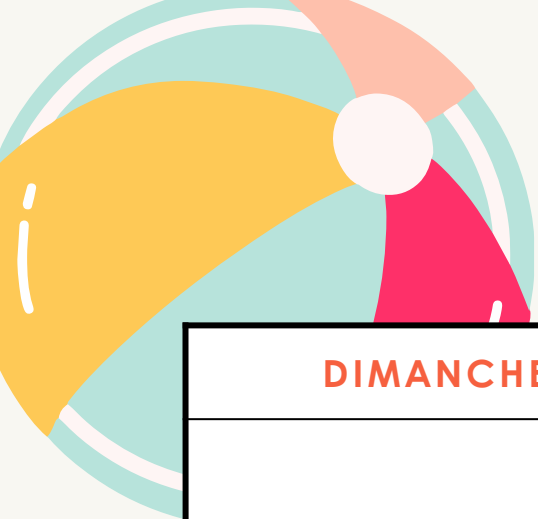


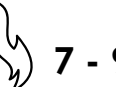
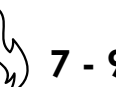
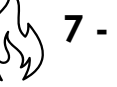
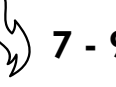
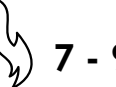
JULY 2026 €

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			 7 - 9 pm1	 10:30 - 11:30 am  8:30 - 10:30 pm  7 - 9 pm2	 7:30 - 8:30 pm  7 - 9 pm3	 3 - 4pm  7 - 9 pm4
 7 - 9 pm5	 10:30 - 11:30 am  7 - 9 pm6	3 - 4 pm  7 - 9 pm7	 7 - 9 pm8	 10:30 - 11:30 am  8:30 - 10:30 pm  7 - 9 pm9	 7:30 - 8:30 pm  7 - 9 pm	 3 - 4pm  7 - 9 pm11
 7 - 9 pm12	 10:30 - 11:30 am  7 - 9 pm13	3 - 4 pm  7 - 9 pm14	 7 - 9 pm15	 10:30 - 11:30 am  8:30 - 10:30 pm  7 - 9 pm16	 7:30 - 8:30 pm  7 - 9 pm17	 3 - 4pm  7 - 9 pm18
 7 - 9 pm19	 10:30 - 11:30 am  7 - 9 pm20	3 - 4 pm  7 - 9 pm21	 7 - 9 pm22	 10:30 - 11:30 am  8:30 - 10:30 pm  7 - 9 pm23	 7:30 - 8:30 pm  7 - 9 pm24	 3 - 4pm  7 - 9 pm25
 7 - 9 pm26	 10:30 - 11:30 am  7 - 9 pm27	3 - 4 pm  7 - 9 pm28	 7 - 9 pm29	 10:30 - 11:30 am  8:30 - 10:30 pm  7 - 9 pm30	 7:30 - 8:30 pm  7 - 9 pm31	 3 - 4pm  7 - 9 pm



AUGUST 2026 €



DIMANCHE	LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI
						 3 - 4pm  7 - 9 pm 1
 7 - 9 pm 2	 10:30 - 11:30 am  7 - 9 pm 3	 3 - 4 pm  7 - 9 pm 4	 7 - 9 pm 5	 10:30 - 11:30 am  8:30 - 10:30 pm  7 - 9 pm 6	 7 - 9 pm 7	 3 - 4pm  7 - 9 pm 8
 7 - 9 pm 9		 3 - 4 pm  7 - 9 pm 11	 7 - 9 pm 12	 10:30 - 11:30 am  8:30 - 10:30 pm  7 - 9 pm 13	 7 - 9 pm 14	 3 - 4pm  7 - 9 pm 15
 7 - 9 pm 16	 10:30 - 11:30 am  7 - 9 pm 17	 3 - 4 pm  7 - 9 pm 18	 7 - 9 pm 19	 10:30 - 11:30 am  8:30 - 10:30 pm  7 - 9 pm 20	 7 - 9 pm 21	 3 - 4pm  7 - 9 pm 22
 7 - 9 pm 23	 10:30 - 11:30 am  7 - 9 pm 24	 3 - 4 pm  7 - 9 pm 25	 7 - 9 pm 26	 10:30 - 11:30 am  8:30 - 10:30 pm  7 - 9 pm 27	 7 - 9 pm 28	 3 - 4pm  7 - 9 pm 29
30	 7 - 9 pm 31					



*Subject to change



2026 SUMMER ACTIVITIES PROGRAM SCHEDULE



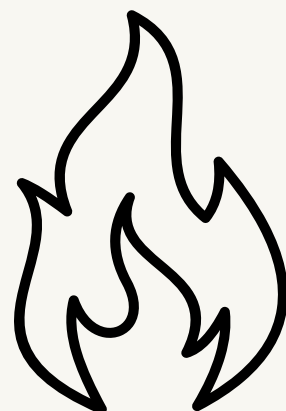
Country dance night

- Location: Dupuis room, Évolution side
- Time: 7:30 p.m. to 8:30 p.m.



Yoga session

- Outdoors, weather permitting
- Indoor location in case of rain
- The location will be confirmed on the day of the event at the Front Desk
- Time: 10:30 - 11:30 *Subject to change



Bonfire under the stars

- Time: 7:00 p.m. to 9:00 p.m.
- National Holiday (June 24): 8:00 p.m. to 11:00 p.m., emotion side (near the volleyball court)
- The bonfire may be cancelled depending on the fire danger rating issued by SOPFEU.



Latin dance cardio

- Outdoors, weather permitting
- Indoor location in case of rain
- The location will be confirmed on the day of the event at the Front Desk
- Time: 3:00 p.m. to 4:00 p.m.



Drumming Fitness

- Outdoors, weather permitting
- Indoor location in case of rain
- The location will be confirmed on the day of the event at the Front Desk
- Time: 3:00 p.m. to 4:00 p.m.



Live musical performance

- Location: Lido Thermal
 - Time: 6:00 p.m. to 8:00 p.m. on June 24 for Saint-Jean-Baptiste Day
- AND
- Location: Le Voilier restaurant
 - Time: 8:30 p.m. to 10:30 p.m.
 - A series of local artists will perform throughout the evening.